

BIOGRAPHY

Paul Garth, C.Ht. / HYPNOTHERAPIST

Certification:

Certified as a Hypnotherapist by the Hypnotherapists Union, Local 472

Certification Number: 13205246

Member in good standing since 2014

Education:

University of Southern California, MSW, Social Change and Innovation, 2019

Hypnosis Motivation Institute, Advanced Hypnotherapy Certificate (Honors), 2014

Completed a one-year course of instruction in hypnosis from the nation's first accredited college of hypnotherapy, including an internship of practical experience under the supervision of staff instructors holding teaching credentials from the California State Department of Education.

Have conducted a private practice since 2014 assisting clients in achieving their personal goals in such areas as habit modification, stress reduction, overcoming fears and performance anxiety, increasing self-confidence and self-esteem, etc.